



課外活動報名家長通告

各位家長：

學生可於 2025 年 9 月 18 日或以前報名參加各課外活動，煩請家長與 貴子弟共同商量選擇合適之學會，並填寫電子通告中的課外活動報名表 Google Form，詳情可參閱附件〈課外活動概覽〉。

課外活動組
謝志康老師

2025 年 9 月 16 日

校外活動家長通告
回 條 (ECA 25-26/06)

本人*知悉並同意小兒參加 貴校的課外活動，並將協助小兒填報合適之學會。

學生姓名：_____ 班別：_____ 學號：_____

*請填寫電子通告中的課外活動報名表 Google Form。

家長或監護人簽署

日期：_____

☆ 請家長於 9 月 19 日或以前簽署回條並填好 Google Form。

香港鄧鏡波書院

2025-2026 年度 【課外活動概覽】

- 中一至中三學生至少參加一個學會 (校隊不計算在內)；
- 中四至中五學生至少參加一個學會或校隊；
- 中六學生可自由參與。
- 中一至中三教友必須參加一項宗教類學會及出席有關學會的活動。
- 各學會舉行第一次會員大會的確實日期，容後公佈。

課外活動組
16/09/2025

星期一集會

學會編號及名稱	名額	活動簡介	負責老師	集會時間 (一般為 16:00 - 17:30)
AR08 管樂團	不設選拔 老師挑選	樂器訓練： 有學習經驗的同學會安排加入管樂團參加校內外的表演及比賽。	黃婉娜老師	逢星期一 16:00 - 17:05

星期二集會

學會編號及名稱	名額	活動簡介	負責老師	集會時間 (一般為 16:00 - 17:30)
AC05 地理學會	20 人	透過參與多元化的學習活動，提高同學對地理科的興趣，推動地理課題的探討，並培養同學尊重環境，重視環保的態度。	黃家敏老師	逢星期二集會 (循環週 B) 及不定期外出活動 (另行通告通知)
AC24 數研遊樂社 MIND	20 人	用桌遊開啟數學新體驗，激發腦力與合作精神，把解題變遊戲，從遊戲中輕鬆探索數學世界的無限可能！	蔡焯翰老師 陳廷軒老師	逢星期二集會 (上學期)
AC09 科學學會	25 人	認識科學上的製作及工具使用，活動包括：製作再造紙、科學實驗和比賽。	簡振聲老師 莫紹祥老師	逢星期二集會 (下學期)
AC19 商業投資及經濟學會	25 人	透過「股壇達人」遊戲，尋找港鄧股神，並集合對經濟學有興趣的同學，一同研究和探討有關之學術問題，從而增加對經濟學的認識。	譚裕鴻老師 韓江老師	逢星期二集會 (下學期)
AC22 樂 GO 人文	18 人	透過運用 LEGO® 樂高製作社區模型，藉此了解社會發展的需要，成為一個良好，關心社會的公民。	李玉瑩老師	校內每隔星期二 (Day 7) 集會 及 不定期校外活動 (容後公佈)
AC23 STEM 學會	15 人	透過不同類型的科技活動，例如機械人製作，電腦程式編寫微電腦控制，電腦繪圖等等，加深會員對最新科技的認識，以及提升運用科技解難的技巧。	杜家偉老師 孟智豪老師 馮博亮老師	指定星期一 (全學年) 午膳時間集會

星期二集會(續)

學會編號及名稱	名額	活動簡介	負責老師	集會時間 (一般為 16:00 - 17:30)
IN03 棋藝學會	30 人	集會，棋藝及卡牌介紹及切磋。	林燕雲老師 夏嘉敏老師	逢 Day 7 (星期二) 集會
IN24 Dance Society	15 人	邀請具經驗的排舞老師，教導同學型格及流行的舞蹈，培養跳舞的興趣及節奏感，並有機會在學校大型慶日中進行表演。	邱冠彬老師	逢星期二集會
IN26 雅興社	20 人	邀請對文字有興趣，有意了解並希望以新詩、散文或其他方式作文字創作的同學加入交流。	陸梓軒老師	校內隔星期二集會 不定期校外活動
IN28 程式編寫學會	15 人	編寫任天堂 switch 遊戲，訓練同學邏輯思維與培養正面價值觀。	鄧耀忠老師 高志佳老師	逢星期二集會 (上學期)

星期三集會 (課輔日)

IN30 足球機學會	20 人	由專業導師教授足球機技巧，並透過舉辦活動宣傳足球機文化。	李詩敏老師	校內隔星期三午間集會 不定期校外活動
AR03 戲劇學會	老師挑選	由校外劇團導師訓練於校內感恩節演出 (25-26 年度將演出音樂劇)	莊麗雅老師 謝志康老師	逢星期三排練
SP17 獅藝班	12 人	學習傳統獅藝，包括形態、步法、鼓樂配合等，並於校內感恩節演出	劉鳳婷老師	逢星期三集會

星期四集會 (宗教類)

學會編號及名稱	名額	活動簡介	負責老師	集會時間 (一般為 16:00 - 17:30)
RE01 慈青天主教同學會	30 人	讓同學有互助互勵的團體生活，以活潑方式探討信仰與人生、介紹基督徒價值觀。活動：遊戲、話劇、查經、信仰生活營、饑饉午餐、煉靈日等。	楊慧儀老師 李敏軒老師 梁仲邦老師 徐樂謙老師	逢星期四集會
RE02 慈青輔祭及讀經組	25-30 人	同學能在參與天主教彌撒，禮儀中，以服務來培育信仰，以團體活動聯系交流，在靈修，康樂及服務中與主相遇。	陸梓軒老師 梁仲邦老師 徐樂謙老師	逢星期四集會
RE04 慈青曙暉愛德服務團	30 人	透過準備及參與義工服務，聚會等，培養同學的關社熱忱及愛主愛人的品德，並將基督的愛及喜樂傳給身邊的人。	夏嘉敏老師 高炳江老師	逢星期四集會 地點：另行通知 及 不定期外出義工服務 (詳情另行通知)

在活動完結後，以上宗教類學會之會員可一起參與一小時的球類活動。

星期四集會

學會編號及名稱	名額	活動簡介	負責老師	集會時間 (一般為 16:00 - 17:30)
SP14 乒乓球學會	15 人	乒乓球要求高度專注力觀察對手和調整控球。 以運動提升個人品格。 註：同學須自備球板。	朱廣堯老師	逢星期四集會（下學期）
IN27 閱讀學會	20 人	透過分享和討論，從共讀中激發思維，提升對閱讀的興趣。	甘南老師	逢星期四集會 (午膳時間進行)
SV21 港鄧升旗隊	30 人 (老師挑選)	負責學校升旗禮，藉此提升學生國民身份認同。	高炳江老師 鄧耀忠老師	逢星期四集會

星期五集會

學會編號及名稱	名額	活動簡介	負責老師	集會時間 (一般為 16:00 - 17:30)
AC04 Live English Association	20 students	Providing a wide range of fun-filled English learning activities.	Mr. Cheng Ka Hing Ms. Chang Kwai Yan	Friday (Whole Year)
IN15 iMovie Club	25 人	透過欣賞不同類型的英文電影，培養同學對觀賞電影及英文的興趣。	倫焯頤老師 張顯名老師	逢星期五集會 (午膳時間進行)
SP16 手球學會	30 人	教授手球運動的基本技術。	謝志康老師	星期五集會 (每月一次)

星期六集會

學會編號及名稱	名額	活動簡介	負責老師	集會時間
SV07 童軍	70 人	透過多元化、富趣味性和歷險性活動，利用小隊制度及進度性獎章制度，培養青少年德、智、體、群、美五育均衡發展。本年將會舉辦聯旅營火會、露營及原野烹飪等活動。	馮博亮老師 孟智豪老師 蔡振輝老師	逢星期六集會 14:00 - 18:00
AR09 管弦樂團	不設選拔 老師挑選	樂器訓練： 有學習經驗的同學會安排加入管弦樂團參加校內外的表演及比賽。	黃婉娜老師	逢星期六集會 09:15 - 11:15

不定期集會 / 其他

學會編號及名稱	名額	活動簡介	負責老師	集會時間
AR01 藝粹匯	20 人	學生透過藝術創作活動及工作坊，提升美感經驗，並參與不同活動及比賽擴闊藝術視野。 活動：繪畫班、慈善捐款創作（如有）、校外機構舉辦的藝術講座（如合適）等。	鄭俊豪老師 吳祖兒老師	(定期) 10 月 3 個星期三(12:30-13:00) 5 月 3 個星期三(12:30-13:00) (不定期) 11 月、12 月、3 月-5 月 共 9 次聚會
IN17 Band Society	不限	聚集喜愛樂隊演奏的同學，會員必須擅長最少一項樂隊樂器，透過定期的導師訓練及演出機會，讓同學投入享受音樂，並有機會在學校大型慶日中進行表演。	歐陽兆麟老師 謝志康老師	不定期集會
IN21 English Made Easy	Selected by teacher	To provide a wide range of fun-filled English activities to motivate students to speak and use the language.	陳俊穎老師	Dates to be confirmed. Lunchtime 12:25-13:00
IN23 攝影及錄影組	15-20 人	1. 攝影及錄影工作坊； 2. 協助學校攝影及錄影工作。	吳祖兒老師 鄭俊豪老師	不定期集會
SV06 少年警訊	15-20 人	少年警訊的目標是為青少年提供不同類型的活動及訓練，藉此提高學生的公民責任感，透過出外參觀及參與社區服務，參加他們對警隊和各部門之認識，以及對社區的歸屬感。	陳梓謙老師	不定期集會 (每位會員必須參與最少 2 次集會)
SV11 燈光音響組	不限	學習擔任燈光音響控制，並於學校不同的活動進行實踐。	歐陽兆麟老師 謝志康老師	在大型活動前舉行訓練
SV18 學生升學及就業輔導組	老師挑選	協助整理、宣傳升輔資訊及早會職業資訊介紹。	冼麗詩老師	不定期集會
SV20 Interact Club 扶輪少年服務團	30 人 (F.3-F.6)	關心社會，培養助人精神，認識自己，發掘潛能，學習積極樂觀面對挑戰。 活動例子：義工服務技巧訓練、參觀機構活動等。	鍾家豪老師 傅慧莉老師	不定期集會 服務或安排於放學或周末舉行
SP03 籃球學會	40 人	教授籃球運動的基本技術及戰術運用，挑選籃球精英，代表學校參加學界比賽。	李曦璇老師 劉永濤老師	不定期集會



Parent Circular Regarding Extra-Curricular Activity Registration

Dear Parents,

Students can register for various extra-curricular activities on or before 18th September 2025. Parents are requested to discuss and select suitable clubs/societies with their son(s) and complete the **Extra-Curricular Activity Registration Google Form** in the eNotice. Please refer to the attached <Overview of Extra-Curricular Activities> for details.

Extra-Curricular Activities Team
Mr. Tse Chi Hong

16th September 2025

Reply Slip (ECA 25-26/06)

I ***acknowledge and agree** to my son's participation in the extra-curricular activities organized by the school and will assist him in registering for suitable club(s)/society(ies).

Name: _____ Class: _____ Number: _____

*Please complete the **Extra-Curricular Activity Registration Google Form** in the eNotice.

Date: _____

Parent's signature: _____

- Parents are requested to sign and return this reply slip and complete the Google Form by [19th September or earlier].

Hong Kong Tang King Po College
Overview of Extra-Curricular Activities 2025-2026

- S.1 to S.3 students must join at least one club/society (School Teams not included);
- S.4 to S.5 students must join at least one club/society or school team;
- S.6 students may participate freely.
- S.1 to S.3 Catholic students must join one religious society and attend its activities.
- The exact dates for the first general meeting of each club/society will be announced later.

ECA Team
16/09/2025

Monday Assembly

Club/Society Code & Name	Quota	Activity Description	Teacher-in-charge	Meeting Time (Generally 16:00 -- 17:30)
AR08 Symphonic Band	Selected by teacher in charge	Instrumental Training: Students with prior experience will be arranged to join the Wind Orchestra for performances and competitions.	Ms. Wong Yuen No	Every Monday 16 : 00 - 17 : 05

Tuesday Assembly

Club/Society Code & Name	Quota	Activity Description	Teacher-in-charge	Meeting Time (Generally 16:00 -- 17:30)
AC05 Geography Society	20	Through diverse learning activities, enhance students' interest in Geography, promote discussion on geographical topics, and cultivate an attitude of respecting the environment.	Ms. Wong Ka Man	Tuesday Assembly (Cycle Week B) & Occasional outings (To be announced separately)
AC24 MIND (Math & Intellectual Discovery Society)	20	Unlock new mathematical experiences through board games, sparking mental agility and teamwork. Transform problem-solving into play, effortlessly exploring the boundless possibilities of the mathematical world through games!	Mr. Chua Cheuk Hon Mr. Chan Ting Hin	Tuesday Assembly (1st Term)
AC09 Science Society	25	Learn about scientific production and tool usage. Activities include: making recycled paper, science experiments, and competitions.	Mr. Kan Chun Sing Mr. Mok Siu Cheung	Tuesday Assembly (2nd Term)
AC19 Business Investment and Economics Society	25	Through the "Stock Market Guru" game, find the stock trading experts of HK Tang King Po. Gather students interested in Economics to research and discuss academic topics.	Mr. Tam Yue Hung Mr. Hon Kong	Tuesday Assembly (2nd Term)
AC22 Humanities Academy	18	Use LEGO® to create community models, understanding societal development needs, and becoming good citizens who care about society.	Ms. Lee Yuk Ying	Every other Tuesday (Day 7) & Occasional external activities (To be announced later)

AC23 STEM Society	15	Through various technology activities (e.g., robotics, programming, microcomputer control, computer graphics), deepen understanding of technology and enhance problem-solving skills.	Mr. To Ka Wai Mr. Mang Chi Ho Mr. Fung Pok Leong	Designated Mondays (Full Year) Lunchtime Meeting
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Tuesday Assembly (Continued)

Club/Society Code & Name	Quota	Activity Description	Teacher-in-charge	Meeting Time (Generally 16:00 -- 17:30)
IN03 Chess Club	30	Assembly, introduction and practice of board games and card games.	Ms. Lam Yin Wan Ms. Ha Kar Man	Every Day 7 (Tuesday) Assembly
IN24 Dance Society	15	Invite experienced dance instructors to teach stylish and popular dances, cultivate interest in dance and rhythm, with performance opportunities.	Mr. Yau Kwun Pan	Tuesday Assembly
IN26 Poetry Club	20	Invite students interested in writing, wishing to understand and create through poetry, prose, or other forms of literary creation to join and share.	Mr. Luk Zixuan	Every other Tuesday Assembly Occasional external activities
IN28 Programming Club	15	Program Nintendo Switch games, training logical thinking and fostering positive values.	Mr. Tang Yiu Chung Mr. Ko Chi Kai	Tuesday Assembly (1st Term)

Wednesday Meeting (Tutorial Day)

Club/Society Code & Name	Quota	Activity Description	Teacher-in-charge	Meeting Time (Generally 16:00 -- 17:30)
IN30 Table Soccer Club	20	Professional instructors teach foosball skills; promote foosball culture through activities.	Ms. Lee See Mun	Every other Wednesday Lunch Meeting & Occasional external activities
AR03 Drama Club	Selected by teacher in charge	Training by external drama instructors for performance at the school Thanksgiving ceremony. (Musical performance for 25-26 academic year)	Ms. Chong Lai Nga Mr. Tse Chi Hong	Every Wednesday rehearsal
SP17 Lion Dance Class	12	Learn traditional lion dance skills, including form, steps, drum coordination; perform at Thanksgiving.	Ms. Lau Fung Ting	Every Wednesday Meeting

Thursday Assembly (Religious)

Club/Society Code & Name	Quota	Activity Description	Teacher-in-charge	Meeting Time (Generally 16:00 -- 17:30)
RE01 Salesian Youth Catholic Society	30	Provide a group life of mutual support and encouragement, exploring faith and life in lively ways, introducing Christian values. Activities: games, drama, Bible study, faith life camp, hunger lunch, All Souls' Day activities, etc.	Ms. Yeung Wai Yee Ms. Lee Man Hin Mr. Leung Chung Pong Mr. Chui Lok Him	Every Thursday Assembly
RE02 Salesian Youth Altar Boys' & Readers' Club	25-30	Students can participate in Catholic Mass and liturgy, nurturing faith through service, connecting through group activities, meeting God.	Mr. Luk Zixuan Mr. Leung Chung Pong Mr. Chui Lok Him	Every Thursday Assembly
RE04 Salesian Youth Light Society	30	Through preparing and participating in volunteer services and gatherings, cultivate students' social concern and virtues of loving God and neighbors.	Ms. Ha Kar Man Mr. Ko Ping Kong	Every Thursday Assembly Venue: To be announced & Occasional external volunteer services (Details to be announced separately)

Members of the above Religious societies can participate together in one hour of ball games after the activity concludes.

Thursday Assembly

Club/Society Code & Name	Quota	Activity Description	Teacher-in-charge	Meeting Time (Generally 16:00 -- 17:30)
SP14 Table Tennis Club	15	Table tennis requires high concentration to observe opponents and control the ball. Enhance character through sports. Note: Students must bring their own paddles.	Mr. Chu Kwong Yiu	Every Thursday Assembly (2nd Term)
IN27 Reading Club	20	Through sharing and discussion, stimulate thinking via shared reading and enhance interest in reading.	Ms. Kam Nam	Every Thursday Assembly (Held during lunchtime)
SV21 School Flag-guards	30 students Selected by teacher in charge	Responsible for the school flag-raising ceremony, enhancing students' sense of national identity.	Mr. Ko Ping Kong Mr. Tang Yiu Chung	Every Thursday Assembly

Friday Assembly

Club/Society Code & Name	Quota	Activity Description	Teacher-in-charge	Meeting Time (Generally 16:00 -- 17:30)
AC04 Live English Association	20	Providing a wide range of fun-filled English learning activities.	Mr. Cheng Ka Hing Ms. Chang Kwai Yan	Friday (Whole Year)
IN15 iMovie Club	25	Appreciate different types of English films, cultivate interest in movies and English.	Ms. Lun Karie Phian Mr. Cheung Hin Ming	Every Friday Assembly (Held during lunchtime)
SP16 Handball Club	30	Teach basic handball techniques.	Mr. Tse Chi Hong	Friday Assembly (Once per month)

Saturday Assembly

Club/Society Code & Name	Quota	Activity Description	Teacher-in-charge	Meeting Time
SV07 Scout	70	Through diverse, fun, and adventurous activities, using the patrol system and progressive badge scheme, foster balanced development in morals, intellect, physique, social skills, and aesthetics. Activities include joint troop campfire, camping, and outdoor cooking.	Mr. Fung Pok Leong Mr. Mang Chi Ho Mr. Tsoi Chun Fai	Every Saturday Assembly 14 : 00 – 18 : 00
AR09 Orchestra	No Audition. Selected by teacher in charge	Instrumental Training: Students with prior experience will be arranged to join the Orchestra for performances and competitions.	Ms. Wong Yuen No	Every Saturday Assembly 09:15 - 11:15

Irregular Meetings / Others

Club/Society Code & Name	Quota	Activity Description	Teacher-in-charge	Meeting Time
AR01 Art Fiesta	20	Students enhance aesthetic experience through art creation activities and workshops, participating in various activities and competitions to broaden artistic horizons. Activities: drawing classes, charity donation creations (if any), art seminars by external organizations (if suitable), etc.	Mr. Cheng Tsun Ho Mr. Ng Cho Yi	(Regular) October: 3 Wednesdays (12:30-13:00) May: 3 Wednesdays (12:30-13:00) (Irregular) November, December, March-May: 9 sessions total

IN17 Band Society	Unlimited	Gather students who enjoy band performance. Members must be proficient in at least one band instrument. Through regular tutor training and performance opportunities, enjoy music .	Mr. Au Yeung Siu Lun Mr. Tse Chi Hong	Irregular Meetings
IN21 English Made Easy	Selected by teacher in charge	To provide a wide range of fun-filled English activities to motivate students to speak and use the language.	Mr. Chan Chun Wing	Dates to be confirmed. Lunchtime 12:25-13:00
IN23 Photography and Videography Group	15-20	1. Photography and videography workshops; 2. Assist with school photography and videography tasks.	Mr. Ng Cho Yi Mr. Cheng Tsun Ho	Irregular Meetings
SV06 JPC (Junior Police Call)	15-20	The Junior Police Call aims to provide various activities and training to enhance students' sense of civic responsibility, through visits and community service.	Mr. Chan Tsz Him	Irregular Meetings (Each member must attend at least 2 sessions)
SV11 Lighting & Audio Club	Unlimited	Learn to operate lighting and sound controls, and practice during various school events.	Mr. Au Yeung Siu Lun Mr. Tse Chi Hong	Training held before major events
SV18 Career Prefect Association	Selected by teacher in charge	Assist in organizing, promoting further studies information, and morning assembly career introductions.	Ms. Sin Lai Sze	Irregular Meetings
SV20 Interact Club	30 (F.3-F.6)	Care for society, cultivate a helping spirit, understand oneself, discover potential, learn to face challenges positively and optimistically. Example activities: volunteer service skills training, organization visits, etc.	Mr. Chung Ka Ho Ms. Fu Wai Lee	Irregular Meetings Services or arrangements after school or on weekends
SP03 Basketball Club	40	Teach basic basketball techniques and tactical application, select elite players to represent the school in inter-school competitions.	Ms. Lee Hei Suen Mr. Lau Wing To	Irregular Meetings